

COMING TO A SCREEN NEAR YOU

So Airman has gone quarterly, but that doesn't mean the stories have gone away. Check out the Web site www.af.mil/news/airman for these features and more every month. Get instant notification when new articles are posted by subscribing at www.af.mil/subscribe, click "Airman magazine."

MANTA MANTA DON'T YOU WANT TO GO TO MANTA?

There's Airmen in Ecuador? Indeed. They're at Manta Air Base located in South America. When Airmen aren't working on their counter-drug operation mission, they're visiting Inca temples, enjoying the beach and mingling with the friendly people of Ecuador.



photo by Master Sgt. Efrain Gozalez

WHAT'S YOUR BMI?



It's simple really. A little basic mathematics and generally "normal" body type and you too might not have anything to sweat about the implementation of Body Mass Index calculations to the fitness score. But maybe what is unnerving is that most Airmen don't understand what BMI is, how important it is to their health, and how it will affect their score.

IMPRESSIONS FROM VOLKEL

Learn about one Airman's visit to a small munitions squadron located outside of Amsterdam. At Volkel Air Base, Netherlands, approximately 350 Air Force members and their families work and live with Royal Air Force comrades. While the mission may seem full of sacrifice, the tight-knit community makes this remote assignment a coveted one.

TOP 10 WAYS TO GET EDUCATED WHILE SERVING

You may never have an employer that is as willing to support your educational goals as the military. So don't let time or money stop you from furthering your education. Check out the top 10 ways you can "get educated" while serving.

CROSSING INTO THE BLUE

Being a scientist, civilian helicopter test pilot and educational wiz wasn't enough for Eric Schultz. He needed more, specifically, 750 more hours of flight time so he could qualify for the astronaut program. Now 1st Lieutenant Schultz is speeding to that goal in an F-15 Strike Eagle.